

#lovedoesnthurt info

(THE MONTHLY NEWSLETTER FOR DOMESTIC VIOLENCE UK)

Welcome to our sixth edition of the

#LoveDoesntHurtnewsletter.

In this edition we will update you on what's new with Domestic Violence UK, how you can get involved and some links to other helpful resources.

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MARCH 2015

Wristbands, Tshirts, Beanie Hats and Hoodies

Please visit www.dvuk.org to place an order for your **Love Doesn't Hurt** wristbands, Tshirts, Beanie Hats and Hoodies. Thank You.



Love Doesn't Hurt Campaign Materials

DOWNLOAD THE
**LOVE
DOESN'T HURT
CAMPAIGN
MATERIALS**

You can help us raise awareness in so many creative ways.

Check out our **Love Doesn't Hurt** campaign materials here:

[http://domesticviolenceuk.org/download-love-doesnt-hurt-campaign-materials/ ...](http://domesticviolenceuk.org/download-love-doesnt-hurt-campaign-materials/)

Hope Network

Hope Network
Partnering To Raise Awareness And Inspire Hope

Individuals and Organisations can support the work that we do by becoming members of The Hope Network. You can find out more about joining

the Hope Network here:

[http://domesticviolenceuk.org/about-us-2/hope-network/ ...](http://domesticviolenceuk.org/about-us-2/hope-network/)

When Love Turns Into Fear By Sam Billingham

There was certainly an attraction when our eyes met across the crowded room. It was a Friday night and I was in my local after a long week at work. The music was loud, the pub was heaving but friendly.

I liked the look of him straightaway but never thought anything would happen between us. I guess I was flattered but quite clearly and distinctively I can remember someone saying, do you know what you are doing and to be careful. We it was a Friday night and in all honesty, I didn't worry too much about what he had said, however, looking back now there were signs, I guess.

There are certain little things that stick in my mind such as someone saying, what have you done to yourself, and I guess at that point in the relationship I no longer cared about my appearance but in a weird way I just expected to still look the same way as I did before domestic abuse. But those words, what have you done to yourself actually makes it feel as though you actually set out to destroy yourself.

When Love Turns Into Fear



By Sam Billingham

Click [Here](#) To Read More.....

Sam Billingham is an Independent advocate for all victims and survivors of domestic abuse

Website: www.survivorsofdomesticabuse.co.uk

Blog: www.sammieb1980.wordpress.com

Twitter: [@Sammieb1980](https://twitter.com/Sammieb1980)

Vouchers For Refuge Initiative



WE HAD OUR VOUCHERS FOR REFUGE INITIATIVE ON THE 28TH OF MARCH 2015 AT THE MSE MEETING ROOM: PARIS (SUPER LARGE) 103A OXFORD STREET W1D 2HG LONDON



We currently support 2 refuges and the objective of the initiative was to:

Understand the important role refuges play in supporting individuals who have experienced domestic violence

Gather small items, vouchers, and giftcards for the refuge

Look for more meaning ways of supporting the refuge

We had a lot of people in attendance and we want to thank our ambassador Jenni Steele and Michelle Limerick for speaking at the event.



Our Third Year Anniversary

Domestic Violence UK celebrated its third year anniversary on the 13th Of March 2015.

A big **Thank You** to our:

- **Advisory Board Members:** Dr Margaret Nygren, Rachel Walker & Ayo Sonoiki
- **Ambassadors:** Janette Manrara, Jenni Steele & Andrew Lindsay MBE
- **Youth Representative:** Lauren Hanton
- **Volunteers**
- **Followers on Twitter and Facebook.**

Finally we want to appreciate specialist support organisations who offer practical help and support to individuals who have experienced domestic or emotional abuse.

