

#lovedoesnthurt info

(THE MONTHLY NEWSLETTER FOR DOMESTIC VIOLENCE UK)

Welcome to our seventh edition of the
#LoveDoesntHurtnewsletter.

In this edition we will update you on what's new with Domestic Violence UK, how you can get involved and some links to other helpful resources.

A Message From Our Ambassador Janette Manrara

Please click on the link <https://www.youtube.com/watch?v=N6apUwv289E&feature=youtu.be> to watch the video.



Domestic Violence UK Needs Your Help

Online Fundraising Campaign (Please Support Us)

Domestic Violence UK CIC is a not-for-profit organisation set up to provide information, support and raise awareness on the issues of domestic and emotional abuse.

We do not receive any grants or government funding and all our operations, projects, campaigns, telephone counselling sessions..... are self funded or provided by well meaning individuals who want to make a difference in people's lives.

We have a small admin team and they put in approximately 100 hours of volunteer work a week.

This includes general administration, setting up telephone counselling referrals, website monitoring, online/text directory maintenance, basic counselling, creating awareness campaigns.....

We've been able to support 2 local refuges, provide free telephone counselling sessions and have run a few awareness campaigns.

We currently offer the following services:

- Provide free telephone counselling sessions to individuals who have experienced domestic or emotional abuse each month using an accredited counselling agency (Open Counselling Limited)
- An online and mobile directory which allows individuals find their nearest specialist support organisation
- A text directory service which allows individuals to receive their nearest specialist support organisation via text
- An online magazine which is published every quarter
- Facilitates an online forum to encourage individuals and signpost them to various specialist organisations for support.
- The Wellbeing Centre (syndicating from NHS Choices) which is an online resource containing articles, interactive tools, videos, podcasts etc
- The Vouchers For Refuge Initiative which is aimed at supporting a local refuge every quarter with vouchers, gift-cards, toiletries and other useful items.

We need financial help to be able to support as well as sustain the entire organisation.

You can donate

£1
or more

so we can continue to provide and maintain our existing services. (Please **click the link** <http://domesticviolenceuk.org/online-fundraising-campaign-please-support-us/> **to donate** or donate directly to paypal using this email address donations@domesticviolenceuk.org)

You can also visit our online store www.dvuk.org to purchase our Love Doesn't Hurt tshirts, beanie hats, wristbands, hoodies and bags (coming soon)

Thank you.

Signed Autographs

Our Ambassador Janette Manara and Aljaz have signed autographs in a bid to raise money for the organisation. Please visit www.dvuk.org for more information.



Wristbands, Tshirts, Beanie Hats and Hoodies

Please visit www.dvuk.org to place an order for your Love Doesn't Hurt wristbands, Tshirts, Beanie Hats and Hoodies. Thank You.

Love Doesn't Hurt Campaign Materials

DOWNLOAD THE LOVE DOESN'T HURT CAMPAIGN MATERIALS

You can help us raise awareness in so many creative ways.

Check out our **Love Doesn't Hurt** campaign materials here:

<http://domesticviolenceuk.org/download-love-doesnt-hurt-campaign-materials/> ...

Hope Network

Hope Network
Partnering To Raise Awareness And Inspire Hope

Individuals and Organisations can support the work that we do by becoming members of The Hope Network. You can find out more about joining **the Hope Network** here:

<http://domesticviolenceuk.org/about-us-2/hope-network/> ...