

#lovedoesnthurt info

(THE MONTHLY NEWSLETTER FOR DOMESTIC VIOLENCE UK)

Welcome to our fourth edition of the

#LoveDoesntHurtnewsletter.

In this edition we will update you on what's new with Domestic Violence UK, how you can get involved and some links to other helpful resources..

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Vouchers For Refuge



BE A PART OF DOMESTIC VIOLENCE UK'S LATEST INITIATIVE TO SUPPORT THE COMMUNITY!

By sending us vouchers for supermarkets, Health & Beauty shops and clothes stores, you can support a local refuge. We believe that this can make a big difference to families.

All you need to do is post your vouchers to -

Domestic Violence UK CIC
BM Box 6503
London
WC1N 3XX

100% of the vouchers go directly to the refuge. Help us show that **#Lovedoesnthurt**



We were able to send a few items to two refuges at Christmas.



Beanie Hats and Hoodies

Please visit www.dvuk.org to place an order for your Love Doesn't Hurt Tshirts, Beanie Hats and Hoodies. Thank You.



Love Doesn't Hurt Campaign Materials

You can help us raise awareness in so many creative ways.

Check out our **Love Doesn't Hurt** campaign materials here:

[http://domesticviolenceuk.org/download-love-doesnt-hurt-campaign-materials/ ...](http://domesticviolenceuk.org/download-love-doesnt-hurt-campaign-materials/)

DOWNLOAD OUR

**LOVE
DOESN'T
HURT**

CAMPAIGN MATERIALS

Hope Network

Individuals and Organisations can support the work that we do by becoming members of The Hope Network. You can find out more about joining **the Hope Network** here:

[http://domesticviolenceuk.org/about-us-2/hope-network/ ...](http://domesticviolenceuk.org/about-us-2/hope-network/)

Hope Network
Partnering To Raise Awareness And Inspire Hope

Love Doesn't Hurt Wristband Campaign

Please Look Out For Our **Love Doesn't Hurt Wristband Campaign** In February 2015.



The Wellbeing Station

The **Wellbeing Station** is the online radio station for Domestic Violence UK CIC – a not-for-profit organisation set up to provide information, support and raise awareness on the issues of domestic and emotional abuse.



The **Wellbeing Station** is run by a team of over volunteers, who keep the station on air 24 hours a day, 7 days a week.

We are always looking for volunteer presenters for our station, so if you can spare a couple of hours a week then please get in touch.

We've spent the last few months working on this and communicating with various radio show hosts, counsellors, podcasters. We also want to say a big Thank You to Dr Margaret Nygren for funding our small webcaster licenses.

Our Aim is to:

- inspire hope
- provide educational content, music, entertainment, talk shows, self help podcasts and interviews
- focus on the health and emotional wellbeing of individuals
- signpost specialist helplines and promote our love doesn't hurt campaign at intervals

Please visit www.thewellbeingstation.org for further information.

Upcoming Events

Love Doesn't Hurt Wristband Campaign



Our campaign starts on the 1/2/15 and we look forward to your support as we raise awareness on the issues of domestic and emotional abuse.

The Wellbeing Station Launch And Awareness Campaign



We will be officially launching The **Wellbeing Station** on the 14/2/15 at the MSE Conference Venue London. **#lovedoesnthurt**

Thank you



Our goal is to raise awareness on the issues of domestic and emotional abuse through this campaign.