

SPECIALIST SUPPORT HELPLINES

1

08082000247

THE NATIONAL DOMESTIC VIOLENCE
HELPLINE

2

08088010327

THE MEN'S ADVICE LINE

3

03009995428

NATIONAL LGBT HELPLINE

WWW.DOMESTICVIOLENCEUK.ORG

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DOMESTIC VIOLENCE UK

Domestic violence is the abuse of one partner within an intimate or family relationship. It is the repeated, random and habitual use of intimidation to control a partner. The abuse can be physical, emotional, psychological, financial or sexual.

Does your partner

Humiliate or verbally abuse you in front of others?

Criticise you regularly?

Monitor your movements?

Control your life?

Blame you for their behaviour or abuse?

Threaten to hurt you or people close to you if you leave?

Threaten to take your children away?

Try to cut you off from your family and friends?

Threaten to harm themselves if you leave?

Destroy your belongings?

Don't Suffer In Silence. Please Call....

The National Domestic Violence Helpline on 08082000247

The Men's Advice Helpline on 08088010327

The National LGBT Helpline on 0300 999 5428.

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**INSPIRE HOPE
BE A VOICE
SPEAK UP AGAINST
DOMESTIC VIOLENCE**

#LOVEDOESNTHURT

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